

Courses available

BJT Static and Patrol Officers (SIA Licence)
Introduction to ICT Skills
Safety in Catering Level 2
Manual Handling (CIEH)
Customer Care Service
COSHH (CIEH)
Conflict Management
Health & Safety Awareness (CIEH)
Health & Safety in the Workplace Level 2 (CIEH)
First Aid at Work
Four-Day First Aid at Work Training - HSE Approved
Customer Service-Happier Customers and Happier Staff, Gaining More Market
Secure in Work, Secure In Mind
Beat that Stress
Moving on- Return to Learn
Arts courses
Creative Computing
Desktop Publishing
Internet
Healthy Families
Managing Data with Access
Microsoft Access
Outlook and Email
Presentation Skills
Community Researchers
Introduction to ICT
Intermediate ICT
Fire Marshall Training
C.V and Application Form Sessions/ Job Search
Equality, Diversity and Cultural Awareness
Moving and Open Water Safety
Time Management
Assertiveness at Work
Training For Sales Staff
Introduction to Bookkeeping
Sage Line 50
Introduction to Excel
Starting Your Own Business
Planning For Retirement
Skills For Life/ESOL

If you require a course which is not listed, ReGROW can facilitate that for you.